Relationships - Sexual Health Awareness - NCFE CACHE Accredited Qualification

Living in the Wider World -Substance Misuse Awareness NCFE CACHE Accredited Qualification

- Types of substances What is substance misuse? Prescription medicines Potential causes of substance misuse Factors that influence the effects of substances Wellbeing and health issues
- Wellbeing and health issues
 Local and national help and support services and agencies
 Media portrayal, stereotypes and Media portrayal media portrayal prevent substance misuse building resilience and protecting individuals from the risk of misusing substances



Define key terms: relationships, intimacy, sexual health Risky behaviour The reproductive system Contraception Contraception
How the media
represents sex and
sexuality

- Visit from the school nurse—using a condom correctly HIV, AIDS and transmission.
 STIs, symptoms, consequences and prevention.
 Several health advice and treatment centres Sexual health and stigma Legislation sex and relationships. п а



Cross curricular links

English, mathematics, science, digital skills, history, geography, PE, social skills, careers, preparation for adulthood, equality and diversity, 9 protected characteristics, British values

Further study

Health, social and childcare, crime and society, budgeting and money management, customer service

Career paths

Teacher, customer service assistant, healthcare worker, community worker, volunteer, career advisor.

Health & Wellbing - Alcohol Awareness - NCFE CACHE Accredited Qualification

Government guidance and laws
Effects of alcohol
International policy on alcohol
and comparison to the UK
Alcohol misuse and its causes

SEXUAL HEALTH

- 0 Alcohol misuse and its causes Psychological and physiological effects of alcohol misuse
- misuse
 Data research project facts
 and figures
 Presentation of findings
- History of alcohol use in the UK
 Effects on friends, family and wider society
 How alcohol impacts health
 Alcohol withdrawal and support organisations
 Alcohol and the media
 Case study

KS4 YEAR 2

Living in the Wider World

- - achieve goals Identify if the goal has

Health and Wellbeing

- Types of activities and their health benefits
 Participate in a relaxing activity
 Participate in a challenging activity
 Participate in an activity learning a new skill
 Reflect on activities



Relationships

- What makes a healthy lifestyle Staying safe online Balanced diet and exercise Take part in a healthy activity Take part in a different healthy sethithy 0 П

Health & Wellbeing

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Living in the Wider World

- Project and budgeting Market research and questionnaires Planning Risk assessments Customer service Communication

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Health
Healthy Lifestyles
Sexual Health
Healthy Relationsl
Consent
Sexual imagery
Parenthood

How actions of humans affect the environment How actions of humans can help improve the environmental issues and their effects Activities to improve the local area Take part in an activity

Health & Wellbeing

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Living in the Wider World

Cultural diversity and celebrating Christianity Judaism Buddhism Hinduism Islam



Media and current affairs Physical health Mental health Positive reporting in the media Maintaining a healthy lifestyle





KS3 YEAR 3

KS4 YEAR 1

Living in the Wider World

Project and budgeting Market research and questionnaires questionname Planning Risk assessm Customer ser Communicati



Health & Wellbeing



Relationships

Consent

Health and Wellbeing



Respecting Ourselves Respecting Others Explore Personal Identity and Diversity The Quality Act Equal Opportunities LGBTQ+ Current Affairs



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- What is Enterprise Day Effective communication Teamwork Problem-solving Career aspirations Enterprise Day project Participate in Enterprise Day 000 а П



job skills







Youth mental health Beliefs and ethics Vegetarianism and veganism Self-

Health & Wellbeing

Balanced diet Exercise Consequence of being unhealthy Legal and illegal substances Mental health Personal hygiene Consolidation



Living in the Wider World

What are British Values? Democracy Rule of Law Tolerance Individual Liberty Mutual Respect



Living in the Wider World

Law and Order
The Justice System
Roles and Responsibilities
Crime and Punishment
Police Resourcing
The Justice System
What is an emergency?
UK Law

Health
Healthy Lifestyles
Sexual Health
Healthy Relationships
Drugs and Alcohol
Conflicts
Anxiety/Depression



Families Friendships Safe Relationships Characteristics of a Healthy Family Diverse Marriages Conflicts



KS3 YEAR 1







RSHE - Unit 2

RSHE - Unit 2

Identify influences and differences and use these positively in relationships Beliefs about the importance of marriage Respecting rights to hold different opinions Respect and equality, social injustice importance of marriage respectively of the community to improve mental wellbeing Consolidation

RSHE - Unit 2

Money – positives and negatives Employability skills How online activity affects power of the continuation of the continuation

RSHE - Unit 2

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Introduction Internal and external influences on life and online influences. Positive online and offline relationships. How to report online risks Protected characteristics and discrimination Stereotyping, bullying, prejudice discrimination Stereotyping, bullying, prejudice of dreams, goals and choices. Risky & unsafe behaviours.

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Y9 PSHE/ RSE **ACCREDITED**



Changes to the body during puberty Why positive body image is important How a baby is conceived and born Considerations when thinking about having children Consolidation



