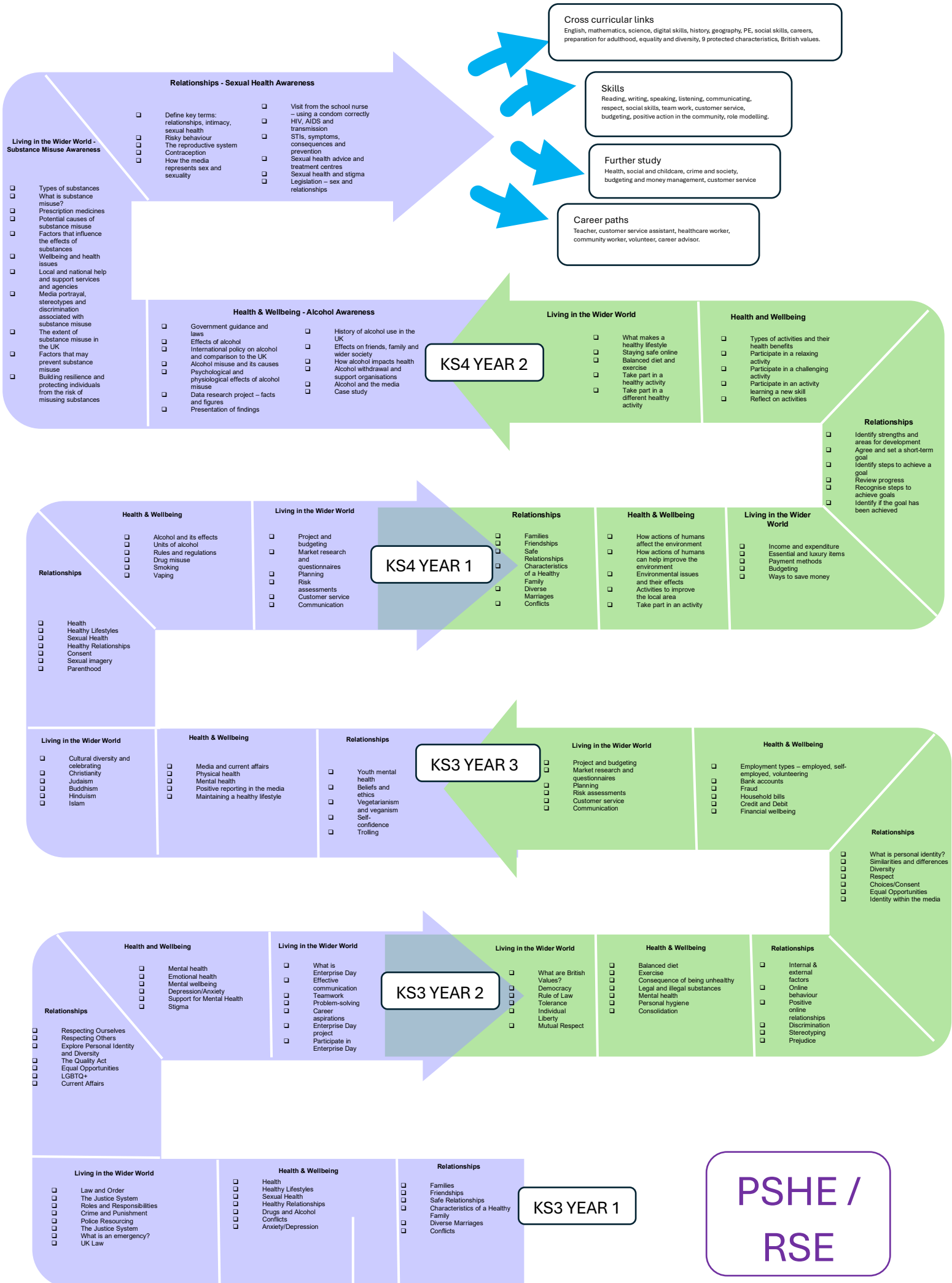
Cross curricular links
English, mathematics, science, digital skills, history, geography, PE, social skills, careers, preparation for adulthood, equality and diversity, 9 protected characteristics, British values.
Skills
Reading, writing, speaking, listening, communicating, respect, social skills, team work, customer service, budgeting, positive action in the community, role modelling.
Further study
Health, social and childcare, crime and society, budgeting and money management, customer service
Career paths
Teacher, customer service assistant, healthcare worker, community worker, volunteer, career advisor.
KS4 YEAR 2
Relationships - Sexual Health Awareness
Define key terms: relationships, intimacy, sexual health
Risky behaviour
The reproductive system
Contraception
How the media represents sex and sexuality
Visit from the school nurse – using a condom correctly
HIV, AIDS and transmission
STIs, symptoms, consequences and prevention
Sexual health advice and treatment centres
Sexual health and stigma
Legislation – sex and relationships
Living in the Wider World - Substance Misuse Awareness
Types of substances
What is substance misuse?
Prescription medicines
Potential causes of substance misuse
Factors that influence the effects of substances
Wellbeing and health issues
Local and national help and support services and agencies
Media portrayal, stereotypes and discrimination associated with substance misuse
The extent of substance misuse in the UK
Factors that may prevent substance misuse
Building resilience and protecting individuals from the risk of misusing substances
Health & Wellbeing - Alcohol Awareness
Government guidance and laws
Effects of alcohol
International policy on alcohol and comparison to the UK
Alcohol misuse and its causes
Psychological and physiological effects of alcohol misuse
Data research project – facts and figures
Presentation of findings
History of alcohol use in the UK
Effects on friends, family and wider society
How alcohol impacts health
Alcohol withdrawal and support organisations
Alcohol and the media
Case study
Living in the Wider World
What makes a healthy lifestyle
Staying safe online
Balanced diet and exercise
Take part in a healthy activity
Take part in a different healthy activity
Health and Wellbeing
Types of activities and their health benefits
Participate in a relaxing activity
Participate in a challenging activity
Participate in an activity learning a new skill
Reflect on activities
Relationships
Identify strengths and areas for development
Agree and set a short-term goal
Identify steps to achieve a goal
Review progress
Recognise steps to achieve goals
Identify if the goal has been achieved
KS4 YEAR 1
Health & Wellbeing
Alcohol and its effects
Units of alcohol
Rules and regulations
Drug misuse
Smoking
Vaping
Living in the Wider World
Project and budgeting
Market research and questionnaires
Planning
Risk assessments
Customer service
Communication
Relationships
Families
Friendships
Safe Relationships
Characteristics of a Healthy Family
Diverse Marriages
Conflicts
Health & Wellbeing
How actions of humans affect the environment
How actions of humans can help improve the environment
Environmental issues and their effects
Activities to improve the local area
Take part in an activity
Living in the Wider World
Income and expenditure
Essential and luxury items
Payment methods
Budgeting
Ways to save money
Relationships
Health
Healthy Lifestyles
Sexual Health
Healthy Relationships
Consent
Sexual imagery
Parenthood
KS3 YEAR 3
Living in the Wider World
Cultural diversity and celebrating
Christianity
Judaism
Buddhism
Hinduism
Islam
Health & Wellbeing
Media and current affairs
Physical health
Mental health
Positive reporting in the media
Maintaining a healthy lifestyle
Relationships
Youth mental health
Beliefs and ethics
Vegetarianism and veganism
Self-confidence
Trolling
Living in the Wider World
Project and budgeting
Market research and questionnaires
Planning
Risk assessments
Customer service
Communication
Health & Wellbeing
Employment types – employed, self-employed, volunteering
Bank accounts
Fraud
Household bills
Credit and Debit
Financial wellbeing
Relationships
What is personal identity?
Similarities and differences
Diversity
Respect
Choices/Consent
Equal Opportunities
Identity within the media
KS3 YEAR 2
Health and Wellbeing
Mental health
Emotional health
Mental wellbeing
Depression/Anxiety
Support for Mental Health
Stigma
Living in the Wider World
What is Enterprise Day
Effective communication
Teamwork
Problem-solving
Career aspirations
Enterprise Day project
Participate in Enterprise Day
Living in the Wider World
What are British Values?
Democracy
Rule of Law
Tolerance
Individual Liberty
Mutual Respect
Health & Wellbeing
Balanced diet
Exercise
Consequence of being unhealthy
Legal and illegal substances
Mental health
Personal hygiene
Consolidation
Relationships
Internal & external factors
Online behaviour
Positive online relationships
Discrimination
Stereotyping
Prejudice
Relationships
Respecting Ourselves
Respecting Others
Explore Personal Identity and Diversity
The Quality Act
Equal Opportunities
LGBTQ+
Current Affairs
KS3 YEAR 1
Living in the Wider World
Law and Order
The Justice System
Roles and Responsibilities
Crime and Punishment
Police Resourcing
The Justice System
What is an emergency?
UK Law
Health & Wellbeing
Health
Healthy Lifestyles
Sexual Health
Healthy Relationships
Drugs and Alcohol
Conflicts
Anxiety/Depression
Relationships
Families
Friendships
Safe Relationships
Characteristics of a Healthy Family
Diverse Marriages
Conflicts
PSHE / RSE