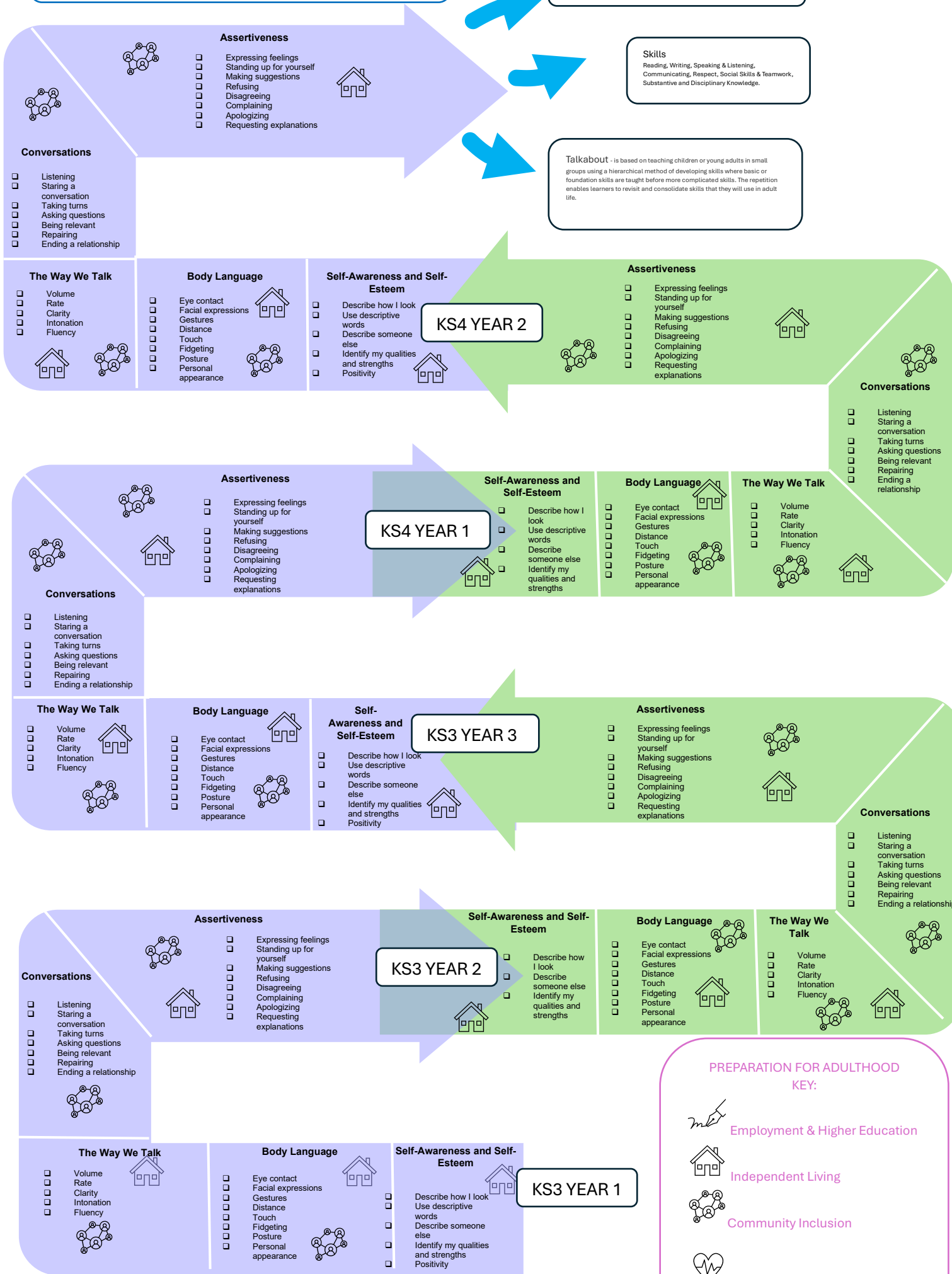


TALKABOUT - a structured programme for teaching and measuring social skills

Cross curricular links
Mathematics, English, PSHE, PE and Preparation for Adulthood

Skills
Reading, Writing, Speaking & Listening,
Communicating, Respect, Social Skills & Teamwork,
Substantive and Disciplinary Knowledge.

Talkabout - is based on teaching children or young adults in small groups using a hierarchical method of developing skills where basic or foundation skills are taught before more complicated skills. The repetition enables learners to revisit and consolidate skills that they will use in adult life.



Conversations

- Listening
- Starting a conversation
- Taking turns
- Asking questions
- Being relevant
- Repairing
- Ending a relationship

Assertiveness

- Expressing feelings
- Standing up for yourself
- Making suggestions
- Refusing
- Disagreeing
- Complaining
- Apologizing
- Requesting explanations

The Way We Talk

- Volume
- Rate
- Clarity
- Intonation
- Fluency

Body Language

- Eye contact
- Facial expressions
- Gestures
- Distance
- Touch
- Fidgeting
- Posture
- Personal appearance

Self-Awareness and Self-Esteem

- Describe how I look
- Use descriptive words
- Describe someone else
- Identify my qualities and strengths
- Positivity

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PREPARATION FOR ADULTHOOD KEY:

- Employment & Higher Education
- Independent Living
- Community Inclusion
- Good Health